

This checklist is intended for use as a quick reference guide that may help you decide where to go for care. If you are uncertain where to go, please contact your provider or call UHS Nurse Direct at 607-763-5555

	VIRTUAL WALK-IN VISITS	PRIMARY CARE OR WALK-IN VISITS	EMERGENCY ROOM
Allergic reaction that causes difficulty swallowing	CALL 911		
Animal or insect bites	Blue	Green	White
Asthma attack (severe) <i>(or call 911)</i>	White	White	Red
Broken bone <i>If skin is punctured, go to the ER or call 911</i>	White	Green	Red
Burns <i>If severe, go to the ER.</i>	White	Green	Red
Chest pain (severe)	CALL 911		
Concussion <i>If loss of consciousness, go to the ER.</i>	White	Green	Red
Coughs	Blue	Green	White
Cuts <i>If uncontrolled bleeding, go to the ER.</i>	Blue	Green	Red
Diarrhea	Blue	Green	White
Dizziness	Blue	Green	White
Eye injuries	Blue	Green	White

	VIRTUAL WALK-IN VISITS	PRIMARY CARE OR WALK-IN VISITS	EMERGENCY ROOM
Fever <i>Any fever in patient under 3 months old or any patient with fever of 105-plus degrees, go to the ER.</i>	Blue	Green	Red
Headache <i>If severe, go to the ER.</i>	Blue	Green	Red
Nausea or upset stomach	Blue	Green	White
Numbness in arm or leg, difficulty speaking, face drooping	CALL 911		
Rashes	Blue	Green	White
Seizure	White	White	Red
Sinus pain	Blue	Green	White
Shortness of breath <i>If severe, go to the ER or call 911.</i>	White	Green	Red
Sore throat <i>If child, go to walk-in.</i>	Blue	Green	White
Sprained ankle	White	Green	White
Urinary tract/bladder infections	Blue	Green	White
Vomiting <i>If vomiting blood, go to the ER.</i>	Blue	Green	Red